

# It's time to wrestle!

**Come to sign ups  
On Feb 2 from  
5:45 pm - 7 pm**



## Your kid is going to learn

- Confidence
- Discipline
- Strength
- Speed
- Courage
- Toughness
- Hard work
- Perseverance

**We work hard.** Every practice our wrestlers work hard for 60-90 minutes. Practice is fast paced and challenging as our coaches focus on teaching wrestling fundamentals.

**We play hard.** Every practice we play lots of games to keep things fun and positive everybody. King of the mat, bulldog, chicken fights, sumo wrestling, and more. Our games reinforce the skills our wrestlers are learning in practice; and the games are tons of fun.

## About the Club

The Patriot Wrestling Club is a non-profit organization dedicated to youth wrestling. Our goal is to provide instruction in the fundamentals of wrestling for the beginner as well as improving the art and skill for those with prior wrestling experience. A strong emphasis is placed on health and exercise.

## Patriot Wrestling Club

Season Starts Feb 6 and goes through April

**Location:** Centennial High School Wrestling room  
12400 W. McMillan Rd, Boise, ID 83713

### Freestyle Practice Times:

Freestyle Ages 4-7.....Mon, Wed 6:00-7:00 pm  
Freestyle Ages 8-12.....Tues, Thurs 6:00-7:30 pm  
Greco all ages.....Thurs 7:30-8:30 pm

**Tournaments:** During the season you can choose to participate in 3-7 tournaments. Tournament cost is generally around \$12.

### Cost:

Club Registration (includes t-shirt).....\$75  
Discounts for siblings (see backside for details)  
USAA Wrestling Card .....\$40  
Available at [www.themat.com](http://www.themat.com)

**Equipment:** Wrestling shoes, shorts and t-shirt. For tournaments you will need a reversible wrestling singlet.

**Registration Details:** Come to sign ups at Centennial High on Feb 2 from 5:45 PM to 7 PM or fill out the form on back and send us your information.

### Contact

**Online** at [www.patriotwrestling.org](http://www.patriotwrestling.org)  
**Email:** [info@patriotwrestling.org](mailto:info@patriotwrestling.org)  
**Tel:** Call Scott at (208) 922-8687

# Patriot Wrestling Club Registration Form

## 1 Parent or Guardian Information

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Email \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell #1 \_\_\_\_\_ Cell #2 \_\_\_\_\_

## 2 Wrestler Information

### Wrestler #1

First Name \_\_\_\_\_ Shirt Size S M L

Last Name \_\_\_\_\_

Birthdate \_\_\_\_\_ Weight \_\_\_\_\_

# Years wrestling experience \_\_\_\_\_

### Wrestler #2

First Name \_\_\_\_\_ Shirt Size S M L

Last Name \_\_\_\_\_

Birthdate \_\_\_\_\_ Weight \_\_\_\_\_

# Years wrestling experience \_\_\_\_\_

List additional wrestlers on separate page

## 3 Sign release and waiver

Please read this form carefully and be aware in registering your child for participation in our programs, you will be waiving and releasing all claims for injuries you or your minor child/ward might sustain arising out of our program or use of our facilities. I recognize and acknowledge that there are certain risks or physical injury participants in wrestling programs and agree to assume the full risk of any injuries, damages, or loss regardless of severity I or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such program(s).

I agree to waive/relinquish all claims I or

my minor child/ward may have as a result of participating in the programs against the Patriot Wrestling Club and its officers, agents, servants and employees. I do hereby fully discharge the Patriot wrestling club and its officers, agents, servants, and employees from any and all claims from injuries, damage, loss that I or my minor child/ward may have or that may accrue to me or my minor child/ward arising out of, connected with, or in any way associated with activities of the programs. I further agree to indemnify and hold harmless and fend the Patriot Wrestling Club and its officers, agents, servants, and employees from any and all claims

resulting injuries, damages, and losses sustained by me and my minor child/ward arising out of connected with or in any way associated with the activities of the programs.

In the event of emergency, I authorize Patriot Wrestling officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for me or my minor child/ward's immediate care and agree that I will be responsible for payment of all medical services rendered.

Signed \_\_\_\_\_

Date \_\_\_\_\_

## 4 Register and Pay

You can send us your registration form the following ways:

**Email:** info@patriotwrestling.org

**Fax:** 906-8664

**Mail or hand deliver:** 2100 E. Fairview Ave Ste 12  
Meridian, ID 83642

**At Sign ups:** Come to CHS on Feb 2nd from 5:45 pm to 7:00 pm

**At Practice:** You can also register at practice (first 2 weeks)

Call Scott @ 922-8687 with questions.

### Payment Information

I'm signing up

1 wrestler.....\$75

2 wrestlers.....\$135

3 wrestlers.....\$180

You can pay with cash or check. Make checks out to Patriot Wrestling Club. Bring your payment to the first night of practice or mail/hand deliver to the address listed to the left.